

Invite a Friend Event Guide

Preparation

Make this party a Girl Scout Party!

- Start the party with the Girl Scout Promise.
- End the party with Make New Friends song.
- Have your troop make SWAPS for their guest prior to the party. Explain to your guest what SWAPS stands for.
- Get the troop involved by making food, and decorating before the party.
- Use a Kaper Chart.
- Be welcoming and inclusive.
- Have a parent meeting to encourage parents to join the troop.
- Allow time to talk about Girl Scouts and allow your guest to ask questions.
- Debrief the activities.
- Ensure you are using the program process.
 - Girl Led
 - Cooperative Learning
 - Learning by doing
- Make it girl led by having girls pick a game

Decorations

Involve the girls in decorating for their Invite a Friend party

- Girl Scout Memorabilia
- Balloons
- Cray Paper
- Table Centerpieces
- Table Clothes
- Pictures of your Girl Scout Troop

Snacks

Thin Mint™ Mousse:

Ingredients:

- 3.9 ounce package chocolate instant pudding
- 1 ½ cup of milk
- 16 ounce Cool Whip™
- 1 box of Thin Mints™

Recipe:

1. Prepare pudding as directed using one and half cups of milk
2. Once set, fold in Cool Whip™.
3. Crush Thin Mints™ and add to the top.

GORP (Good Old-fashion Raisins and Peanuts):

Ingredients:

- 3 cups Honey Nut Cheerios™ or other cereal
- 1 ½ cups Raisins
- 1 cup Nuts*
- 1 cup M&M's™

Recipe:

1. Combine cereal, raisins, nuts and candy in bowl until well mixed. Enjoy!

**Be aware that you may have a nut allergy, you may want to eliminate nuts*

Frogs on a Log:

Ingredients:

- Pretzel Rod
- Peanut Butter
- M&M's™

Recipe:

1. Coat pretzel rod with peanut butter, add on M&M's™ as frogs.

**Be aware that you may have a nut allergy, replace Peanut Butter with Frosting.*

Get to Know You Games

People Bingo

Materials:

- Bingo Card
- Writing Utensil

Instructions:

1. To win People Bingo, a person must find someone for five in a row or cover all. People Bingo cards consist of facts that people in the room may have (*i.e. I have a birthday in May, I have 2 dogs*). Once a person cross off five in a row, she should shout, “*BINGO!*”
2. To play, distribute a Bingo card and a pen to each player.
3. Explain the rules. Determine if regular bingo or cover all.
4. Begin the game and have everyone get up and walk around the room, introducing each other and asking each other questions.
5. If a person meets someone who can fill in a box, he or she should obtain that person’s autograph for that box.
6. When a person successfully gets 5 in a row or coverall and shouts “*Bingo,*” they won the game.

When the Warm Wind Blows

Materials:

- Chairs

Instructions:

1. Move chairs into a circle.
2. Make sure you have one less chair than you have players.
3. The first person who is “it” will say, “*A warm wind blows for anyone who _____,*” and fill in the blank with a category.
4. Everyone who fits the category has to get up and move to a different seat.
5. For example, “it” may say, “*A warm wind blows for anyone who has a cat.*” Everyone who has a cat must get up and move to a different seat. “It” also tries to sit down as well. Whoever is left standing is now “It” and picks a new category.

Get to Know You Games (*continued*)

People to People

Materials:

- None

Instructions:

Say: *Making new friends is one of the best part of Girl Scouts. Often we hear from caregivers and girls that is the number one reason girls love Girl Scouts is that they make new friends. We are going to play a game that allows us to meet each other. Ok, lets stand up and pick a partner. For the first round lets pick someone you know like a caregiver or friend.*

1. Partners stand beside each other. Ask them to introduce themselves and their favorite (food, color, season, etc.)
2. The caller stands in the center of the circle and calls out things to do like “stand back to back, stand foot to knee” etc
3. When the caller calls out “Girl Scout to Girl Scout ” partners split-up and pick a new partner. Again, ask them to introduce themselves and their favorite (food, color, season, etc.) Then begin to call out, things like, “hand to head, toe to thumb, foot to foot.”

Variations:

The caller can grab someone, and the last person left without a partner is the caller the next round. Ask girls to play with eyes closed, not able to talk, etc.

Friendship Pass

Materials:

- A Friendship Pass
- Timer, Phone, or Music Player

Instructions:

Say: *Now that we have gotten to know each other a little better. Let’s move on to another game. We are going to play a Girl Scout Version of Hot Potato called Friendship Pass. I invite caregivers to play this game.*

1. Have the girls/caregivers sit in a circle or at their seats at the table.
2. Set a timer for 15 seconds or play music. Once the timer/music starts, pass the friendship pass around as fast as you can.
3. When the timer stops, everyone shouts a nice thing to the person holding the pass (For example, I like your shirt, you are nice, I want to be your friend).
4. Set the timer again and repeat until everyone’s held the Friendship Pass once. If game is taking too long or large group, ask girls when they get it a second time to share the pass to a friend who hasn’t received it yet!

Get to Know You Games (*continued*)

You are a Piece of Me

Materials:

- Scissors
- Glue Sticks
- Tissue Paper or Construction paper (ripped into small Pieces)
- Heart Template (Included)
- Sample of Craft
- Color paper

Instructions:

Say: *I suggest we make something to remember each other. How many of you have seen a stain glass before? What is unique about stain glass rather than regular glass. (Answers, it makes a pattern, makes a picture, has lots of colors. I want you to make a stain glass heart with the supplies in front of you. But before you begin, I want you to fold your heart hot dog style.*

Show: A sample of a heart that you made prior to the meeting and how to fold it.

Explain: To take the small pieces of paper and glue to the heart.

1. Girls will take small bits of paper and glue to heart.
2. Once the girls are done making their stain glass heart, you are going to instruct girls to cut the heart out and down the middle.
3. You are then going to ask to trade their right side of the heart with a new friend.
4. Last, the girls will glue their half of the heart with their friend's half of the heart on a paper. They can also write each other's names at the bottom of the page.

Say: *Look at the heart. How are they the same? How are they different? Each of you have things and common and things that make you different. The best friends will complete you. Maybe you like to dance and they to play music.*

Girl Scout Law

Girl Scout Law Bracelet

Materials:

- Beads, Different colors
- Yarn, Sting or Pipe Cleaner
- Law and Promise

Instructions:

Say: *Today we are going to discover what Girl Scouts is. One of the things that helps us with this is the Girl Scout Promise and Law. Would anyone share, what does a promise mean to you?"*

(Let the adults or girls answer.)

For Girl Scouts, a promise is something you make and act on. We also have a GS sign. Teach them the Girl Scout sign before reciting the Girl Scout Promise. Recite the Girl Scout Promise by using the repeat method. This is how we begin our troop meeting.

Girl Scout Promise

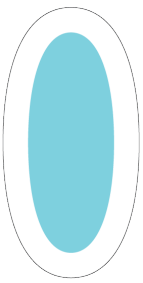
*On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.*



Say: *We have worked hard to learn the Girl Scout Promise. The last line says to live by the Girl Scout Law. What is a law?*
(Let the adults or girls answer.)

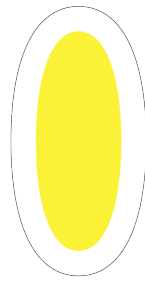
We have laws to keep us safe and to ensure everybody is ok. In Girl Scouts, the Girl Scout Law is a guide on how Girl Scouts should behave. Our Girl Scout law helps us as Girl Scouts to have fun and stay safe. We are going to make a bracelet to remind us to always follow the Girl Scout Law. We are going to do this together because each of the colors represents a line in the Girl Scout Law. Let's Start with our bracelet string (adults will have to help them tie a knot on one end of the string). We are going to tie a knot in the end of the string. Now let's work through placing the beads on our string in order.

1. *We are going to place a white bead on the string as our starter bead. The white represents the beginning and the continuing of your Girl Scout journey.*
2. *Then take the dark blue bead and place it on the bracelet – this bead represents our Girl Scout Promise.*
3. *Continue walking them through assembling their bracelet explaining what each color represents and the things they will be learning during their time as a Daisy Girl Scout.*
4. *End the bracelet with the second white bead*
5. *If you have time, ask them for an example of how they enact each part of the Girl Scout Law. For example, how do we show we are considerate and caring? Take the time to make sure every girl has the opportunity to participate if they choose.*
6. *The recite the Girl Scout Law I will do my best to be: honest and fair, (light blue bead) friendly and helpful, (yellow bead) considerate and caring, (spring green bead) courageous and strong, and (red bead) responsible for what I say and do, (orange bead) and to respect myself and others, (light purple bead) respect authority, (magenta bead) use resources wisely, (dark green bead) make the world a better place, and (pink bead) be a sister to every Girl Scout. (violet bead)*



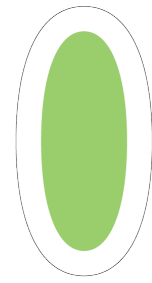
Light Blue
Honest & Fair

The sky is blue and always fair, it rains on everyone or shines on everyone.



Yellow
Friendly & Helpful

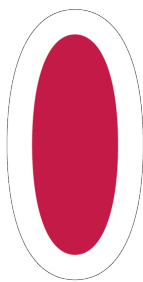
Yellow is cheerful and friendly and the color of the sun which helps all living things grow.



Spring Green
Considerate & Caring

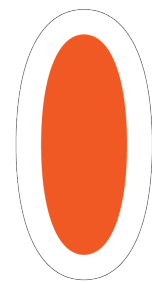
Spring Green reminds us of the tiny new plants that sprout in the spring and require our consideration and caring to grow into healthy plants.

Girl Scout Law Petals



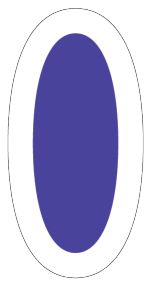
Red
Courageous & Strong

Red is the color of blood; it represents strength and bravery.



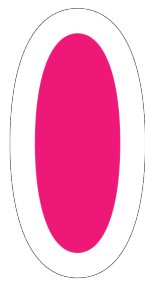
Orange
Responsible for what I say and do

Orange is the color of fire; it reminds us to always be responsible, for fire can consume everything in its path if we do not use it responsibly.



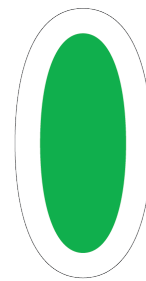
Purple
Respect myself and others

Purple is the color of nobility and honor, and it commands respect.



Magenta
Respect authority

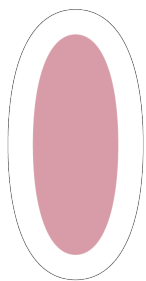
Magenta is a combination of Red and Blue, the colors of our flag; it commands our respect.



Green
Use resources wisely

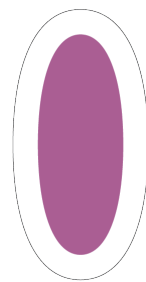
Green is the color of the grass and the trees, and it reminds us to be careful to keep our earth green.

Girl Scout Law Petals



Rose
Make the world a better place

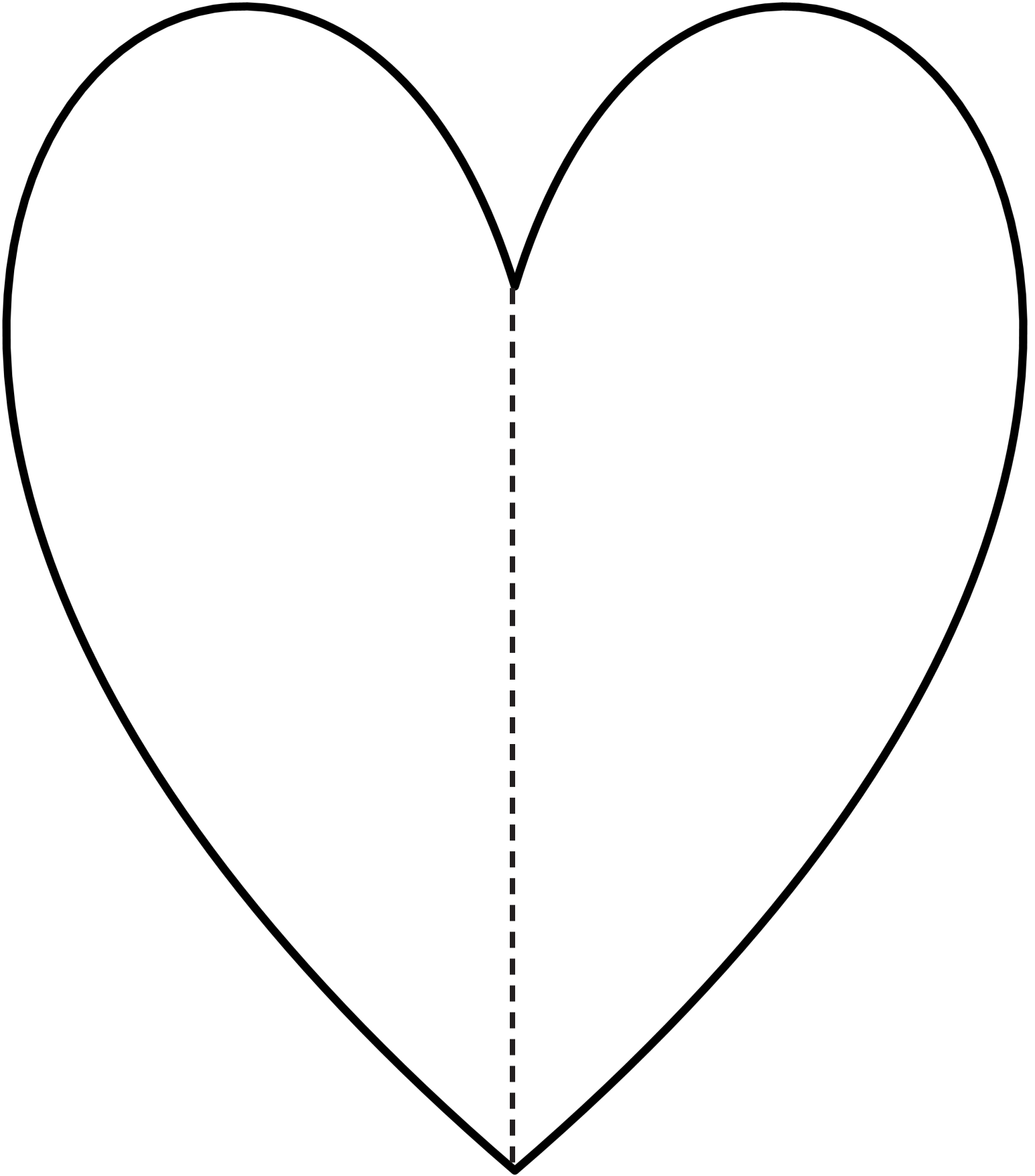
Rose reminds us of the beautiful flower. You should always find beauty in the world and try to leave it better than you found it.



Violet
Be a sister to every Girl Scout

Just like the violet flower that grows in groups, we grow best surrounded by our sister Girl Scouts.

Heart Template





***Friendship
Pass***

Invite a Friend

| B | I | N | G | O |
|-----------------------------------|--------------------------------|--|------------------------------|----------------------|
| Has a pet dog. | Plays soccer. | Likes to dance. | Has the same birthday month. | Goes to your school. |
| Likes pizza. | Wearing blue. | Is a Girl Scout. | Has caught a fish. | Has long hair. |
| Favorite restaurant is McDonalds. | Likes the same color as you. |  | Wears glasses. | Has painted nails. |
| Likes to swim. | Ice cream is favorite food. | Scared of spiders. | Has a brother or sister. | Same age as you. |
| Is the oldest child in family. | Read a book in the last month. | Likes the beach. | Knows how to sew. | Can roll their eyes. |

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In Partnership With:
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Bead Bracelet

Each color bead represents part of the Girl Scout Law. Wear your bracelet to help you remember!



Girl Scout Promise

Girl Scout Law: I will do my best to be.....

- honest and fair,
- friendly and helpful,
- considerate and caring,
- courageous and strong, and
- responsible for what I say and do,
- and to respect myself and others,
- respect authority,
- use resources wisely,
- make the world a better place, and
- be a sister to every Girl Scout.



The white represents the beginning and the continuing of your Girl Scout journey!

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