## When to Test, Quarantine or Mask

If Exposed &/or Test Positive	<b>Get Tested</b> at least 5 days after exposure	Quarantine Guidelines	Mask Guidelines	If Symptoms
If exposed & not currently fully vaccinated  If exposed & CURRENT on recommended COVID vaccinations  If exposed & YOU had confirmed COVID-	Within first 5 days status unknown; <b>Get Tested</b> at least 5 days after exposure	No quarantine You do not need to stay home unless you develop symptoms  No quarantine You do not need to stay home unless you develop symptoms  No quarantine You do not need to stay home unless you develop symptoms.  Take precautions until day 10  Wear a well-fitting mask  Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public	Wear a well-fitting mask Wear a well-fitting mask for 10 full days	After quarantine Watch for symptoms until 10 days after you last had close Contact  If symptoms, Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitting mask around others.  Watch for symptoms Watch for symptoms until 10 days after you last had close contact.  If symptoms, Isolate immediately and get tested. Continue to stay home until
19 within the past 90 days (you tested positive using a viral test)			around others inside your home or in public. Do not go places where you are unable to wear a well-fitting mask.	you know the results. Wear a <u>well-fitting mask</u> around others.
IF YOU Tested positive for COVID-19 or have symptoms, regardless of vaccination status	Tested Positive	Stay home for at least 5 days Stay home for 5 days and isolate from others in your home.  Wear a well-fitting mask if you must be around others in your home.		Ending isolation if you had symptoms: End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.  Ending isolation if you did NOT have symptoms End isolation after at least 5 full days after your positive test.

## **DEFINITIONS**

**Exposure** - Contact with someone infected with SARS-CoV-2, the virus that causes COVID-19, in a way that increases the likelihood of getting infected with the virus.

The date of your exposure is considered day 0. **Day 1 is the first full day after your last contact with a person who has had COVID-19.** Stay home and away from other people for at least 5 days.

**Close Contact** – A close contact is someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. For example, three individual 5-minute exposures for a total of 15 minutes. People who are exposed to someone with COVID-19 after they completed at least 5 days of isolation are not considered close contacts.